

## 64 Seats and Restraints

pelvic bones and you would be less likely to slide under the lap belt. If you slid under it, the belt would apply force on your abdomen. This could cause serious or even fatal injuries.

- Wear the shoulder belt over the shoulder and across the chest. These parts of the body are best able to take belt restraining forces. The shoulder belt locks if there is a sudden stop or crash.

### Warning

You can be seriously injured, or even killed, by not wearing your safety belt properly.

- Never allow the lap or shoulder belt to become loose or twisted.
- Never wear the shoulder belt under both arms or behind your back.
- Never route the lap or shoulder belt over an armrest.

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### Warning (Continued)

- Always wear the shoulder belt over the shoulder and across the chest. Use the safety belt guide, if needed, to position the shoulder belt over the shoulder and across the chest.

### Lap-Shoulder Belt

All seating positions in the vehicle have a lap-shoulder belt.

The following instructions explain how to wear a lap-shoulder belt properly.



### GT Seat Shown, Competition Sport Seat Similar

1. The seat has a safety belt guide. The safety belt guide helps position the shoulder belt over the shoulder and across the chest of smaller adults and of older children who have outgrown booster seats. To use the safety belt guide, slide the edge of the belt webbing through the opening on the guide. Be sure the belt is not twisted. If a child will be riding in the vehicle, see *Older Children* ⇨ 78 or *Infants and Young Children* ⇨ 80.